

# ESSENTIAL STEPS IN THE MANAGEMENT OF OBSTETRIC EMERGENCIES (ESMO) WITH A FOCUS ON CTG MONITORING AND INTERPRETATION AND USING A PARTOGRAM

## Introduction/Scope

This plan/policy aims to ensure that midwives are aware and consistently comply with the Essential Steps in the Management of Obstetric Emergencies (ESMO), with a specific focus on competencies in CTG (fetal heart rate) monitoring and interpretation of cardiac traces using a Partogram. The plan outlines a step-by-step process to enforce compliance, including training, monitoring, and reinforcement strategies. By adhering to the ESMO guidelines, midwives can improve the quality of care and outcomes for obstetric emergencies.

## 1. Training and Education

We are have partnered with established local and international training organisations, whom have developed a structured training program that encompasses ESMO guidelines, emphasizing CTG monitoring and interpretation and using a Partogram effectively. The program includes theoretical sessions, case studies, and interactive workshops.

In line with clients allowance we aim to implement a competency assessment process on site to evaluate midwives' knowledge and skills in CTG monitoring, Patient Assessment, Emergency resuscitation of the newborn, Venous Thrombo-Embolism & Antenatal Care. These assessments should be conducted periodically. We encourage all midwives to participate in regular CPD activities related to obstetric emergencies, CTG monitoring. Provide opportunities for attending conferences, workshops, and online courses to enhance their knowledge and skills.

## 2. Standard Operating Procedures (SOPs) and Documentation

It is essential that the agency is allowed access the establishments SOPs, which should outline the essential steps in the management of obstetric emergencies, emphasising CTG monitoring and interpretation and using a Partogram. These SOPs should be easily accessible to all midwives and regularly updated based on the latest evidence and guidelines and include importance of accurate and timely documentation to ensure proper tracking, monitoring, and evaluation of obstetric emergencies.

## 3. Monitoring and Feedback

To ensure our service levels meet clientele requirements, we require regular feedback about our agency staff based on audit findings. Identify areas for improvement and implement corrective actions as necessary. Offer additional training or mentoring for midwives who require further support to ensure adherence to protocols, accuracy of interpretation, and completeness of documentation.

## 4. Quality Improvement Initiatives

Encourage midwives to participate in peer reviews to share experiences and learn from each other. Establish a supportive environment where midwives can discuss challenges, seek advice, and exchange best practices related to CTG monitoring and Partogram utilization.

## Conclusion

By implementing this process, midwives will be equipped with the necessary knowledge, skills, and support to comply with the Essential Steps in the Management of Obstetric Emergencies (ESMO).